

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2012

70-74 Women

Freestyle

50

100

200

400

800

Carol Deman

17:14.30

2012

1500

Backstroke

50

100

200

Breaststroke

50

100

Lela Pierce

2:24.56

1993

200

Lela Pierce

5:26.39

1996

Butterfly

50

100

200

Individual Medley

200

400