

**Nebraska Masters State Swimming Records  
Short Course Yards (SCY)  
Updated April 2018**

**70-74 Women**

**Freestyle**

**50**

**100 Sandra Stenglein 1:56.74 2014**

**200 Sandra Stenglein 4:04.67 2014**

**500 Sandra Stenglein 10:26.05 2014**

**1000 Mariana Phipps 19:58.40 2018**

**1650 Mariana Phipps 32:39.33 2017**

**Backstroke**

**50**

**Sandra Stenglein 1:03.34 2014**

**100**

**200**

**Breaststroke**

**50**

**100**

**200 Lela Pierce 4:24.09 1993**

**Butterfly**

**50**

**100**

**200**

**Individual Medley**

**100**

**200**

**400**