

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2023

40-44 Women

Freestyle

50	Carol Olson	:28.75	2006
100	Carol Olson	1:01.90	2006
200	Carol Olson	2:17.91	2006
400			
800	Becky Mantonya	11:04.92	2013
1500	Becky Mantonya	20:59.42	2013

Backstroke

50	Carole Novinski	:33.90	2012
100	Amy St. Cyr	1:41.83	2023
200			

Breaststroke

50	Julie Barr	:38.40	2012
100	Julie Barr	1:22.57	2012
200	Ann Kaseman	3:25.87	2012

Butterfly

50	Julie Barr	:30.09	2012
100	Becky Mantonya	1:15.38	2012
200			

Individual Medley

200	Julie Barr	2:37.63	2012
400			