

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2023

65-69 Women

Freestyle

| | | | |
|-------------|-------------------------|-----------------|-------------|
| 50 | Sandra Stenglein | :57.98 | 2012 |
| 100 | Lori Cassling | 1:35.35 | 2023 |
| 200 | Lori Cassling | 3:28.86 | 2023 |
| 400 | Sandra Stenglein | 9:17.33 | 2012 |
| 800 | | | |
| 1500 | Marianna Phipps | 30:59.71 | 2012 |

Backstroke

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|------------|------------------------|----------------|-------------|
| 50 | Lori Cassling | :55.96 | 2023 |
| 100 | Marianna Phipps | 1:54.09 | 2012 |
| 200 | Marianna Phipps | 4:00.10 | 2012 |

Breaststroke

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|------------|---------------------|----------------|-------------|
| 50 | Dianna Carda | 1:42.01 | 2022 |
| 100 | Dianna Carda | 3:43.00 | 2022 |
| 200 | | | |

Butterfly

| | | | |
|------------|---------------------|----------------|-------------|
| 50 | Dianna Carda | 1:30.61 | 2023 |
| 100 | Dianna Carda | 3:32.22 | 2022 |
| 200 | | | |

Individual Medley

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|------------|---------------------|----------------|-------------|
| 200 | Dianna Carda | 6:38.49 | 2022 |
| 400 | | | |