

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2023

70-74 Women

Freestyle

50	Claire Bushong	:57.78	2023
100	Claire Bushong	2:08.40	2023
200			
400			
800	Carol Deman	17:14.30	2012
1500			

Backstroke

50	Jan Sedivy	1:15.55	2022
100	Jan Sedivy	2:45.14	2023
200			

Breaststroke

50	Claire Bushong	1:19.70	2023
100	Lela Pierce	2:24.56	1993
200	Lela Pierce	5:26.39	1996

Butterfly

50
100
200

Individual Medley

200
400