

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated August 2023

18-24 Men

Freestyle

50	Nick Soltys	:25.24	2023
100	Dan Beeman	:57.87	2012
200	Carter Hites	2:26.87	2023
400	Andy Vasquez	5:17.50	2022
800	Andy Vasquez	10:48.07	2022
1500	Andy Vasquez	19:34.29	2022

Backstroke

50	Sean Larson	:30.20	1993
100	Jon Gouger	1:04.65	2023
200	Sean Larson	2:21.03	1993

Breaststroke

50	Nick Soltys	:31.43	2023
100	Nick Soltys	1:11.55	2023
200	Andy Vasquez	2:59.86	2022

Butterfly

50	Colin Krysl	:26.37	2012
100	Colin Krysl	:58.53	2012
200	Colin Krysl	2:15.13	2012

Individual Medley

200	Jon Gouger	2:30.31	2023
400	Andy Vasquez	5:39.18	2022