

**Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated August 2023**

60-64 Men

Freestyle

50	Keefe Lodwig	:27.63	2003
100	Keefe Lodwig	1:01.25	2003
200	John Apker	2:33.63	2023
400	John Apker	5:17.69	2023
800	John Apker	11:17.89	2023
1500	John Apker	20:57.51	2023

Backstroke

50	Michael Hein	:35.90	2022
100	Michael Hein	1:20.07	2022
200	Richard Sutton	3:57.83	2012

Breaststroke

50	Greg Divis	:38.47	2023
100	Greg Divis	1:30.74	2023
200	John Apker	3:19.04	2023

Butterfly

50	Keefe Lodwig	:29.23	2003
100			
200			

Individual Medley

200	John Apker	3:09.41	2023
400	John Apker	6:36.40	2023