

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated August 2023

55-59 Women

Freestyle

50	Sharill Prey-Luedtke	:34.19	2022
100	Sharill Prey-Luedtke	1:16.61	2022
200	Sharill Prey-Luedtke	2:42.77	2022
400	Sharill Prey-Luedtke	5:45.45	2023
800	Sharill Prey-Luedtke	11:39.85	2023
1500	Sharill Prey-Luedtke	22:29.01	2022

Backstroke

50	Sharill Prey-Luedtke	:39.24	2019
100	Sharill Prey-Luedtke	1:22.25	2019
200	Sharill Prey-Luedtke	2:56.59	2019

Breaststroke

50	Sharill Prey-Luedtke	:48.07	2023
100	Sharill Prey-Luedtke	1:44.74	2022
200	Sharill Prey-Luedtke	3:43.60	2022

Butterfly

50	Sharill Prey-Luedtke	:39.96	2021
100	Sharill Prey-Luedtke	1:33.21	2022
200	Sharill Prey-Luedtke	3:24.97	2023

Individual Medley

200	Sharill Prey-Luedtke	3:06.51	2019
400	Sharill Prey-Luedtke	6:33.09	2023