

**Nebraska Masters State Swimming Records  
Long Course Meters (LCM)  
Updated September 2024**

**70-74 Women**

**Freestyle**

<b>50</b>	<b>Claire Bushong</b>	<b>:57.06</b>	<b>2024</b>
<b>100</b>	<b>Claire Bushong</b>	<b>2:08.40</b>	<b>2023</b>
<b>200</b>	<b>Jan Sedivy</b>	<b>6:01.82</b>	<b>2024</b>
<b>400</b>			
<b>800</b>	<b>Carol Deman</b>	<b>17:14.30</b>	<b>2012</b>
<b>1500</b>			

**Backstroke**

<b>50</b>	<b>Barbara Anderson</b>	<b>1:06.13</b>	<b>2024</b>
<b>100</b>	<b>Jan Sedivy</b>	<b>2:43.70</b>	<b>2024</b>
<b>200</b>			

**Breaststroke**

<b>50</b>	<b>Barbara Anderson</b>	<b>1:04.83</b>	<b>2024</b>
<b>100</b>	<b>Lela Pierce</b>	<b>2:24.56</b>	<b>1993</b>
<b>200</b>	<b>Lela Pierce</b>	<b>5:26.39</b>	<b>1996</b>

**Butterfly**

**50**  
**100**  
**200**

**Individual Medley**

**200**  
**400**