

**Nebraska Masters State Swimming Records  
Short Course Yards (SCY)  
Updated March 2025**

**40-44 Women**

**Freestyle**

<b>50</b>	<b>Carol Olson</b>	<b>:25.38</b>	<b>2005</b>
<b>100</b>	<b>Carol Olson</b>	<b>:54.56</b>	<b>2005</b>
<b>200</b>	<b>Carol Olson</b>	<b>2:01.60</b>	<b>2005</b>
<b>500</b>	<b>Jamie Gustafson</b>	<b>5:52.63</b>	<b>2025</b>
<b>1000</b>	<b>Enita Larson</b>	<b>14:03.82</b>	<b>2014</b>
<b>1650</b>	<b>Becky Mantonya</b>	<b>20:19.50</b>	<b>2013</b>

**Backstroke**

<b>50</b>	<b>Samantha Pfaller</b>	<b>:31.99</b>	<b>2023</b>
<b>100</b>	<b>Samantha Pfaller</b>	<b>1:13.67</b>	<b>2023</b>
<b>200</b>	<b>Becky Mantonya</b>	<b>2:46.42</b>	<b>2014</b>

**Breaststroke**

<b>50</b>	<b>Becky Mantonya</b>	<b>:35.30</b>	<b>2013</b>
<b>100</b>	<b>Julie Barr</b>	<b>1:12.59</b>	<b>2011</b>
<b>200</b>	<b>Elizabeth Bayless</b>	<b>4:13.97</b>	<b>2015</b>

**Butterfly**

<b>50</b>	<b>Carol Olson</b>	<b>:27.16</b>	<b>2005</b>
<b>100</b>	<b>Carol Olson</b>	<b>1:01.00</b>	<b>2005</b>
<b>200</b>			

**Individual Medley**

<b>100</b>	<b>Julie Barr</b>	<b>1:04.03</b>	<b>2011</b>
<b>200</b>	<b>Becky Mantonya</b>	<b>2:27.89</b>	<b>2012</b>
<b>400</b>	<b>Becky Mantonya</b>	<b>5:35.66</b>	<b>2014</b>