

2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 1 Mixed 18+ 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Unattached-Nebraska-NB 1) Armstrong, Josh M48	A 2) Williams, Eric M43	NT 3) White, Paul M45	1:43.03 4) Walsh, Dustin M47	40
2 South Dakota Prairie Masters-SD 1) Kyle, Kevin M59	A 2) Barkley, Sherry W67	NT 3) Olson, Katherine W47	2:03.20 4) Lantgen, Greg M67	34
3 Sarpy County Swim Club Masters 1) Lowis, Hope W18	A 2) Jangulo, Sallay W21	NT 3) Phillips, Jessi W38	2:34.44 4) Anderson, Barb W71	32

Event 1 Mixed 45+ 200 Yard Freestyle Relay

1 Sarpy County Swim Club Masters 1) Denney Bull, Sabrina W45	A 2) Krasser, Troy M51	NT 3) Kerekes, Kevin M53	2:05.23 4) Newrones, Shaun W54	40
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Event 2 Women 18-24 100 Yard IM

1 Gann, Sarah	23 Ensworth Aquatic Masters-SE	1:15.00	1:08.54	20
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Event 2 Women 25-29 100 Yard IM

1 Jahn, Cassie	29 Omaha Masters Swim Club-NB	1:04.38	1:04.67	20
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Event 2 Women 35-39 100 Yard IM

1 Phillips, Jessi	38 Sarpy County Swim Club Masters-NB	1:24.99	1:28.84	20
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Event 2 Women 45-49 100 Yard IM

1 Banner, Sara	48 Movy Masters Swim Team-MV	1:41.42	1:40.57	20
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Event 2 Women 50-54 100 Yard IM

1 Mantonya, Becky	52 Lincoln Masters and Others-NB	1:15.00	1:14.52	20
2 Newrones, Shaun	54 Sarpy County Swim Club Masters-NB	NT	1:40.87	17

Event 2 Women 55-59 100 Yard IM

1 Fredrickson, Colleen	59 Omaha Masters Swim Club-NB	NT	1:31.36	20
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Event 2 Men 18-24 100 Yard IM

1 Grunke, Christopher	24 Unattached-North Dakota-ND	1:15.00	1:07.14	20
2 Carpenter, Jay	21 Creighton University Swim Club	1:06.50	1:07.27	17
3 Wember, Nathan	21 Creighton University Swim Club	1:11.23	1:09.13	16

Event 2 Men 40-44 100 Yard IM

1 Williams, Eric	43 Unattached-Nebraska-NB	1:08.00	1:04.43	20
2 Miller, Nate	41 Omaha Masters Swim Club-NB	1:19.55	1:15.79	17

Event 2 Men 45-49 100 Yard IM

1 White, Paul	45 Unattached-Nebraska-NB	1:00.00	1:08.63	20
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Event 2 Men 50-54 100 Yard IM

1 Krasser, Troy	51 Sarpy County Swim Club Masters-NB	NT	1:17.30	20
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Event 2 Men 55-59 100 Yard IM

1 Irvin, Mike	58 Unattached-Nebraska-NB	57.50	56.26	20
2 Bryant, Vaughn	58 Unattached-Colorado-CO	1:10.75	1:04.62	17
3 Kyle, Kevin	59 South Dakota Prairie Masters-SD	1:09.00	1:08.94	16

Event 2 Men 65-69 100 Yard IM

1 Paakh, Bruce	67 Lone Star Masters-NT	1:06.40	1:05.12	20
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Event 2 Men 70-74 100 Yard IM

1 Evers, John	70 Minnesota Masters-MN	1:12.09	1:15.82	20
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Event 3 Women 18-24 200 Yard Freestyle

1 Gann, Sarah	23 Ensworth Aquatic Masters-SE	2:09.00	2:15.55	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 3 Women 25-29 200 Yard Freestyle**

1	Barrett, Alexa	28	Lincoln Masters and Others-NB	3:00.00	2:33.48	20
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Event 3 Women 45-49 200 Yard Freestyle

1	Denney Bull, Sabrina	45	Sarpy County Swim Club Masters-NB	NT	2:57.54	20
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Event 3 Women 55-59 200 Yard Freestyle

1	Montemagni, Maria	55	Unattached-Nebraska-NB	4:08.00	3:32.46	20
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Event 3 Men 30-34 200 Yard Freestyle

1	Villa, Carlos	30	Omaha Masters Swim Club-NB	2:10.00	2:05.38	20
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Event 3 Men 50-54 200 Yard Freestyle

1	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	2:15.58	2:09.26	20
2	Prescott, Tom	50	Southwest Iowa Masters-IA	2:42.00	2:33.52	17

Event 3 Men 55-59 200 Yard Freestyle

1	Dickson, Kurt	57	Golden Road Aquatics-SP	1:55.76	1:58.60	20
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Event 3 Men 60-64 200 Yard Freestyle

1	Palumbo, Rich	64	Unattached-Nebraska-NB	NT	2:44.48	20
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Event 3 Men 65-69 200 Yard Freestyle

1	Kealy, Tom	68	Southwest Iowa Masters-IA	2:19.00	2:21.83	20
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Event 4 Women 18-24 100 Yard Backstroke

1	Lowis, Hope	18	Sarpy County Swim Club Masters-NB	1:20.30	1:18.02	20
2	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	1:37.10	1:37.33	17

Event 4 Women 45-49 100 Yard Backstroke

1	DelSenno, Kimberly	49	Omaha Masters Swim Club-NB	1:16.54	1:13.61	20
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Event 4 Women 60-64 100 Yard Backstroke

1	Reynolds, Sonya	62	Southwest Iowa Masters-IA	2:55.00	2:29.35	20
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Event 4 Women 65-69 100 Yard Backstroke

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	1:40.00	1:46.34	20
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Event 4 Women 70-74 100 Yard Backstroke

1	Nutty, Sue	70	Omaha Masters Swim Club-NB	1:45.00	1:38.71	20
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Event 4 Women 75-79 100 Yard Backstroke

1	Sedivy, Jan	75	Common Ground Masters-NB	2:25.73	2:29.20	20
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Event 4 Men 18-24 100 Yard Backstroke

1	Witzki, Noah	24	Unattached-Missouri Valley-28	55.00	51.11	20
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Event 4 Men 30-34 100 Yard Backstroke

1	Villa, Carlos	30	Omaha Masters Swim Club-NB	1:05.00	1:09.10	20
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Event 4 Men 35-39 100 Yard Backstroke

1	Mann, Mark	38	Movy Masters Swim Team-MV	1:25.00	1:22.42	20
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Event 4 Men 45-49 100 Yard Backstroke

1	Armstrong, Josh	48	Unattached-Nebraska-NB	1:03.00	1:01.77	20
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Event 4 Men 55-59 100 Yard Backstroke

1	Dickson, Kurt	57	Golden Road Aquatics-SP	59.89	1:02.80	20
2	Larson, Sean	55	Common Ground Masters-NB	1:04.00	1:03.49	17

2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 5 Women 35-39 50 Yard Breaststroke**

1	Phillips, Jessi	38	Sarpy County Swim Club Masters-NB	45.00	48.01	20
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Event 5 Women 45-49 50 Yard Breaststroke

1	Olson, Katherine	47	South Dakota Prairie Masters-SD	41.99	39.95	20
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Event 5 Women 65-69 50 Yard Breaststroke

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	45.00	51.70	20
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Event 5 Women 70-74 50 Yard Breaststroke

1	Anderson, Barb	71	Sarpy County Swim Club Masters-NB	56.34	57.77	20
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Event 5 Men 18-24 50 Yard Breaststroke

1	Verwers, Nick	23	Movy Masters Swim Team-MV	32.85	31.84	20
2	LeMay, Matthew	22	Creighton University Swim Club	NT	35.58	17

Event 5 Men 25-29 50 Yard Breaststroke

1	Garvey, Jeff	25	Unattached-Nebraska-NB	29.00	28.15	20
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Event 5 Men 35-39 50 Yard Breaststroke

1	Hampton, Patrick	39	Movy Masters Swim Team-MV	43.00	47.38	20
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Event 5 Men 45-49 50 Yard Breaststroke

1	White, Paul	45	Unattached-Nebraska-NB	34.00	34.35	20
2	Wilson, Andrew	47	Common Ground Masters-NB	NT	35.41	17

Event 5 Men 50-54 50 Yard Breaststroke

1	Howell, Jason	52	Omaha Masters Swim Club-NB	34.42	33.55	20
2	Krasser, Troy	51	Sarpy County Swim Club Masters-NB	NT	34.11	17

Event 5 Men 55-59 50 Yard Breaststroke

1	Bryant, Vaughn	58	Unattached-Colorado-CO	35.28	33.38	20
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Event 5 Men 60-64 50 Yard Breaststroke

1	Apker, John	64	Common Ground Masters-NB	36.50	37.59	20
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Event 5 Men 65-69 50 Yard Breaststroke

1	Paakh, Bruce	67	Lone Star Masters-NT	32.30	32.72	20
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Event 5 Men 70-74 50 Yard Breaststroke

1	Evers, John	70	Minnesota Masters-MN	36.00	36.63	20
2	Nyffeler, Russ	70	Lincoln Masters and Others-NB	NT	43.17	17

Event 5 Men 75-79 50 Yard Breaststroke

1	LeMaster, Stan	77	Southwest Iowa Masters-IA	39.95	40.02	20
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Event 6 Women 18-24 400 Yard IM

1	Gann, Sarah	23	Ensworth Aquatic Masters-SE	5:30.00	5:25.69	20
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Event 6 Women 45-49 400 Yard IM

1	DelSenno, Kimberly	49	Omaha Masters Swim Club-NB	6:00.00	5:45.05	20
2	Banner, Sara	48	Movy Masters Swim Team-MV	7:18.82	7:25.36	17

Event 6 Men 25-29 400 Yard IM

1	Salber, Billy	27	Sarpy County Swim Club Masters-NB	5:15.00	5:15.88	20
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Event 6 Men 55-59 400 Yard IM

1	Dickson, Kurt	57	Golden Road Aquatics-SP	4:55.89	4:50.57	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 7 Women 45-49 200 Yard Butterfly**

1	Banner, Sara	48	Movy Masters Swim Team-MV	NT	3:46.72	20
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Event 7 Men 18-24 200 Yard Butterfly

1	Grunke, Christopher	24	Unattached-North Dakota-ND	2:24.00	2:34.02	20
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Event 7 Men 45-49 200 Yard Butterfly

1	Walsh, Dustin	47	Unattached-Nebraska-NB	NT	2:45.50	20
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Event 7 Men 50-54 200 Yard Butterfly

1	Prescott, Tom	50	Southwest Iowa Masters-IA	3:17.00	3:16.05	20
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Event 8 Women 18-24 100 Yard Freestyle

1	Lowis, Hope	18	Sarpy County Swim Club Masters-NB	1:09.39	1:10.91	20
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Event 8 Women 25-29 100 Yard Freestyle

1	Jahn, Cassie	29	Omaha Masters Swim Club-NB	56.62	55.36	20
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Event 8 Women 45-49 100 Yard Freestyle

1	Denney Bull, Sabrina	45	Sarpy County Swim Club Masters-NB	NT	1:20.70	20
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Event 8 Women 60-64 100 Yard Freestyle

1	Reynolds, Sonya	62	Southwest Iowa Masters-IA	2:20.00	2:03.09	20
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Event 8 Women 75-79 100 Yard Freestyle

1	Sedivy, Jan	75	Common Ground Masters-NB	2:26.86	2:22.75	20
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Event 8 Men 18-24 100 Yard Freestyle

1	Verwers, Nick	23	Movy Masters Swim Team-MV	52.99	52.03	20
2	Wember, Nathan	21	Creighton University Swim Club	56.20	56.58	17

Event 8 Men 30-34 100 Yard Freestyle

1	Villa, Carlos	30	Omaha Masters Swim Club-NB	1:02.00	57.56	20
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Event 8 Men 35-39 100 Yard Freestyle

1	Mann, Mark	38	Movy Masters Swim Team-MV	1:15.00	1:18.23	20
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Event 8 Men 40-44 100 Yard Freestyle

1	Miller, Nate	41	Omaha Masters Swim Club-NB	1:06.88	1:03.90	20
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Event 8 Men 45-49 100 Yard Freestyle

1	White, Paul	45	Unattached-Nebraska-NB	58.00	56.58	20
2	Wilson, Andrew	47	Common Ground Masters-NB	NT	59.62	17

Event 8 Men 50-54 100 Yard Freestyle

1	Howell, Jason	52	Omaha Masters Swim Club-NB	1:09.32	1:04.28	20
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Event 8 Men 55-59 100 Yard Freestyle

1	Irvin, Mike	58	Unattached-Nebraska-NB	59.99	51.63	20
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Event 8 Men 60-64 100 Yard Freestyle

1	Palumbo, Rich	64	Unattached-Nebraska-NB	1:10.86	1:08.78	20
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Event 8 Men 65-69 100 Yard Freestyle

1	Lantgen, Greg	67	South Dakota Prairie Masters-SD	1:04.00	1:02.33	20
2	Kealy, Tom	68	Southwest Iowa Masters-IA	1:05.00	1:06.12	17

Event 8 Men 75-79 100 Yard Freestyle

1	LeMaster, Stan	77	Southwest Iowa Masters-IA	1:10.46	1:10.37	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 9 Women 25-29 50 Yard Backstroke**

1	Feit, Mikara	26	Unattached-Nebraska-NB	34.98	30.41	20
2	Barrett, Alexa	28	Lincoln Masters and Others-NB	32.00	34.64	17

Event 9 Women 35-39 50 Yard Backstroke

1	Phillips, Jessi	38	Sarpy County Swim Club Masters-NB	40.00	39.76	20
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Event 9 Women 45-49 50 Yard Backstroke

1	Olson, Katherine	47	South Dakota Prairie Masters-SD	34.99	33.91	20
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Event 9 Women 50-54 50 Yard Backstroke

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	36.00	36.69	20
2	Newrones, Shaun	54	Sarpy County Swim Club Masters-NB	NT	42.10	17

Event 9 Women 55-59 50 Yard Backstroke

1	Fredrickson, Colleen	59	Omaha Masters Swim Club-NB	NT	40.21	20
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Event 9 Women 60-64 50 Yard Backstroke

1	Reynolds, Sonya	62	Southwest Iowa Masters-IA	1:30.00	1:10.41	20
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Event 9 Women 65-69 50 Yard Backstroke

1	Johnson, Sherri Ann	65	Lincoln Masters and Others-NB	NT	1:05.76	20
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Event 9 Women 70-74 50 Yard Backstroke

1	Nutty, Sue	70	Omaha Masters Swim Club-NB	50.00	45.99	20
2	Anderson, Barb	71	Sarpy County Swim Club Masters-NB	58.23	57.79	17

Event 9 Men 18-24 50 Yard Backstroke

1	Witzki, Noah	24	Unattached-Missouri Valley-28	24.00	22.88	20
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Event 9 Men 45-49 50 Yard Backstroke

1	Armstrong, Josh	48	Unattached-Nebraska-NB	29.00	28.87	20
2	White, Paul	45	Unattached-Nebraska-NB	32.00	33.62	17

Event 9 Men 50-54 50 Yard Backstroke

1	Garland, Doug	54	Common Ground Masters-NB	32.50	30.86	20
2	Howell, Jason	52	Omaha Masters Swim Club-NB	35.21	37.60	17

Event 9 Men 55-59 50 Yard Backstroke

1	Irvin, Mike	58	Unattached-Nebraska-NB	26.50	26.93	20
2	Dickson, Kurt	57	Golden Road Aquatics-SP	29.56	28.67	17
3	Larson, Sean	55	Common Ground Masters-NB	29.50	29.55	16
4	Kyle, Kevin	59	South Dakota Prairie Masters-SD	35.00	33.54	15

Event 9 Men 70-74 50 Yard Backstroke

1	Nyffeler, Russ	70	Lincoln Masters and Others-NB	NT	38.88	20
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Event 10 Women 45-49 200 Yard Breaststroke

1	Banner, Sara	48	Movy Masters Swim Team-MV	4:03.03	4:03.58	20
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Event 10 Men 18-24 200 Yard Breaststroke

1	LeMay, Matthew	22	Creighton University Swim Club	NT	2:50.72	20
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Event 10 Men 35-39 200 Yard Breaststroke

1	Hampton, Patrick	39	Movy Masters Swim Team-MV	3:35.00	3:42.43	20
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Event 10 Men 50-54 200 Yard Breaststroke

1	Prescott, Tom	50	Southwest Iowa Masters-IA	3:25.00	3:20.00	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 10 Men 55-59 200 Yard Breaststroke**

1	Bryant, Vaughn	58	Unattached-Colorado-CO	2:46.12	2:38.47	20
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Event 10 Men 70-74 200 Yard Breaststroke

1	Evers, John	70	Minnesota Masters-MN	2:55.00	2:56.85	20
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Event 11 Men 18-24 100 Yard Butterfly

1	Carpenter, Jay	21	Creighton University Swim Club	NT	1:03.65	20
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Event 11 Men 50-54 100 Yard Butterfly

1	Garland, Doug	54	Common Ground Masters-NB	1:09.50	1:05.10	20
2	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	1:10.22	1:07.93	17

Event 11 Men 55-59 100 Yard Butterfly

1	Kyle, Kevin	59	South Dakota Prairie Masters-SD	1:06.00	1:06.24	20
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Event 12 Women 18-24 200 Yard IM

1	Gann, Sarah	23	Ensworth Aquatic Masters-SE	2:30.00	2:33.41	20
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Event 12 Women 45-49 200 Yard IM

1	Banner, Sara	48	Movy Masters Swim Team-MV	3:32.29	3:46.61	20
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Event 12 Men 40-44 200 Yard IM

1	Williams, Eric	43	Unattached-Nebraska-NB	2:25.00	2:23.65	20
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Event 13 Women 18-24 50 Yard Freestyle

1	Malaspino, Sofia	21	Creighton University Swim Club	NT	30.33	20
2	Lewis, Hope	18	Sarpy County Swim Club Masters-NB	32.33	31.15	17
3	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	37.60	37.27	16

Event 13 Women 25-29 50 Yard Freestyle

1	Jahn, Cassie	29	Omaha Masters Swim Club-NB	25.18	25.53	20
2	Feit, Mikara	26	Unattached-Nebraska-NB	29.98	28.57	17
3	Barrett, Alexa	28	Lincoln Masters and Others-NB	30.00	29.28	16

Event 13 Women 35-39 50 Yard Freestyle

1	Phillips, Jessi	38	Sarpy County Swim Club Masters-NB	32.29	32.60	20
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Event 13 Women 45-49 50 Yard Freestyle

1	Olson, Katherine	47	South Dakota Prairie Masters-SD	30.99	30.34	20
2	Denney Bull, Sabrina	45	Sarpy County Swim Club Masters-NB	NT	36.27	17

Event 13 Women 50-54 50 Yard Freestyle

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	29.00	29.05	20
2	Newrones, Shaun	54	Sarpy County Swim Club Masters-NB	NT	36.79	17

Event 13 Women 55-59 50 Yard Freestyle

1	Fredrickson, Colleen	59	Omaha Masters Swim Club-NB	NT	33.53	20
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Event 13 Women 60-64 50 Yard Freestyle

1	Reynolds, Sonya	62	Southwest Iowa Masters-IA	1:05.00	54.97	20
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Event 13 Women 65-69 50 Yard Freestyle

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	35.00	35.42	20
2	Johnson, Sherri Ann	65	Lincoln Masters and Others-NB	NT	58.25	17

Event 13 Women 75-79 50 Yard Freestyle

1	Sedivy, Jan	75	Common Ground Masters-NB	1:07.71	1:04.15	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 13 Men 18-24 50 Yard Freestyle**

1	Witzki, Noah	24	Unattached-Missouri Valley-28	22.00	21.14	20
2	Verwers, Nick	23	Movy Masters Swim Team-MV	24.83	24.13	17
3	Wember, Nathan	21	Creighton University Swim Club	25.23	25.07	16
4	Grunke, Christopher	24	Unattached-North Dakota-ND	27.30	27.33	15

Event 13 Men 25-29 50 Yard Freestyle

1	Salber, Billy	27	Sarpy County Swim Club Masters-NB	23.23	23.82	20
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Event 13 Men 35-39 50 Yard Freestyle

1	Mann, Mark	38	Movy Masters Swim Team-MV	35.00	31.68	20
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Event 13 Men 45-49 50 Yard Freestyle

1	White, Paul	45	Unattached-Nebraska-NB	25.00	25.18	20
2	Walsh, Dustin	47	Unattached-Nebraska-NB	26.56	27.12	17
3	Wilson, Andrew	47	Common Ground Masters-NB	NT	27.34	16

Event 13 Men 50-54 50 Yard Freestyle

1	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	26.72	26.56	20
2	Krasser, Troy	51	Sarpy County Swim Club Masters-NB	NT	27.49	17
3	Howell, Jason	52	Omaha Masters Swim Club-NB	29.45	30.14	16

Event 13 Men 55-59 50 Yard Freestyle

1	Irvin, Mike	58	Unattached-Nebraska-NB	23.50	23.71	20
2	Dickson, Kurt	57	Golden Road Aquatics-SP	25.45	25.11	17

Event 13 Men 60-64 50 Yard Freestyle

1	Apker, John	64	Common Ground Masters-NB	30.00	29.68	20
2	Palumbo, Rich	64	Unattached-Nebraska-NB	30.41	29.72	17

Event 13 Men 65-69 50 Yard Freestyle

1	Paakh, Bruce	67	Lone Star Masters-NT	35.90	24.93	20
2	Lantgen, Greg	67	South Dakota Prairie Masters-SD	28.00	28.88	17

Event 13 Men 70-74 50 Yard Freestyle

1	Nyffeler, Russ	70	Lincoln Masters and Others-NB	NT	31.33	20
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Event 14 Women 18-24 100 Yard Breaststroke

1	Gann, Sarah	23	Ensworth Aquatic Masters-SE	1:20.00	1:22.33	20
2	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	NT	2:09.08	17

Event 14 Women 50-54 100 Yard Breaststroke

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	1:30.00	1:30.79	20
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Event 14 Women 65-69 100 Yard Breaststroke

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	1:45.00	1:49.04	20
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Event 14 Men 25-29 100 Yard Breaststroke

1	Garvey, Jeff	25	Unattached-Nebraska-NB	1:02.00	1:01.61	20
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Event 14 Men 50-54 100 Yard Breaststroke

1	Krasser, Troy	51	Sarpy County Swim Club Masters-NB	NT	1:19.49	20
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Event 14 Men 55-59 100 Yard Breaststroke

1	Bryant, Vaughn	58	Unattached-Colorado-CO	1:13.64	1:12.93	20
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Event 14 Men 70-74 100 Yard Breaststroke

1	Evers, John	70	Minnesota Masters-MN	1:17.00	1:21.52	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 14 Men 75-79 100 Yard Breaststroke**

1	LeMaster, Stan	77	Southwest Iowa Masters-IA	1:19.43	1:32.78	20
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Event 15 Women 25-29 200 Yard Backstroke

1	Feit, Mikara	26	Unattached-Nebraska-NB	NT	2:31.67	20
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Event 15 Women 45-49 200 Yard Backstroke

1	Banner, Sara	48	Movy Masters Swim Team-MV	NT	3:51.22	20
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Event 15 Men 30-34 200 Yard Backstroke

1	Villa, Carlos	30	Omaha Masters Swim Club-NB	2:30.00	2:21.49	20
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Event 15 Men 45-49 200 Yard Backstroke

1	Armstrong, Josh	48	Unattached-Nebraska-NB	2:20.00	2:16.04	20
2	Walsh, Dustin	47	Unattached-Nebraska-NB	2:48.70	2:33.81	17

Event 15 Men 50-54 200 Yard Backstroke

1	Prescott, Tom	50	Southwest Iowa Masters-IA	3:30.00	3:29.15	20
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Event 15 Men 55-59 200 Yard Backstroke

1	Dickson, Kurt	57	Golden Road Aquatics-SP	2:10.56	2:07.63	20
2	Bryant, Vaughn	58	Unattached-Colorado-CO	2:40.50	2:35.11	17

Event 16 Women 18-24 50 Yard Butterfly

1	Gann, Sarah	23	Ensworth Aquatic Masters-SE	30.00	30.28	20
2	Lowis, Hope	18	Sarpy County Swim Club Masters-NB	33.49	32.90	17
3	Malaspino, Sofia	21	Creighton University Swim Club	NT	33.24	16

Event 16 Women 25-29 50 Yard Butterfly

1	Jahn, Cassie	29	Omaha Masters Swim Club-NB	27.75	28.51	20
2	Feit, Mikara	26	Unattached-Nebraska-NB	31.98	31.60	17

Event 16 Women 35-39 50 Yard Butterfly

1	Phillips, Jessi	38	Sarpy County Swim Club Masters-NB	36.33	37.47	20
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Event 16 Women 45-49 50 Yard Butterfly

1	Olson, Katherine	47	South Dakota Prairie Masters-SD	34.99	34.33	20
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Event 16 Women 65-69 50 Yard Butterfly

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	39.00	43.00	20
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Event 16 Men 18-24 50 Yard Butterfly

1	Witzki, Noah	24	Unattached-Missouri Valley-28	23.50	22.56	20
2	Verwers, Nick	23	Movy Masters Swim Team-MV	27.23	26.48	17
3	Carpenter, Jay	21	Creighton University Swim Club	26.50	27.44	16
4	LeMay, Matthew	22	Creighton University Swim Club	NT	28.82	15
5	Grunke, Christopher	24	Unattached-North Dakota-ND	30.40	29.50	14

Event 16 Men 35-39 50 Yard Butterfly

1	Mann, Mark	38	Movy Masters Swim Team-MV	40.00	35.26	20
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Event 16 Men 40-44 50 Yard Butterfly

1	Williams, Eric	43	Unattached-Nebraska-NB	29.00	28.38	20
2	Miller, Nate	41	Omaha Masters Swim Club-NB	38.63	36.43	17

Event 16 Men 45-49 50 Yard Butterfly

1	White, Paul	45	Unattached-Nebraska-NB	30.00	28.89	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 16 Men 50-54 50 Yard Butterfly**

1	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	29.79	30.07	20
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Event 16 Men 55-59 50 Yard Butterfly

1	Irvin, Mike	58	Unattached-Nebraska-NB	26.50	25.40	20
2	Larson, Sean	55	Common Ground Masters-NB	28.50	28.49	17
3	Kyle, Kevin	59	South Dakota Prairie Masters-SD	29.50	28.74	16
4	Bryant, Vaughn	58	Unattached-Colorado-CO	31.47	31.33	15

Event 16 Men 65-69 50 Yard Butterfly

1	Paakh, Bruce	67	Lone Star Masters-NT	27.40	27.99	20
2	Lantgen, Greg	67	South Dakota Prairie Masters-SD	32.00	31.78	17

Event 16 Men 70-74 50 Yard Butterfly

1	Evers, John	70	Minnesota Masters-MN	30.33	32.18	20
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Event 17 Mixed 18+ 200 Yard Medley Relay

1	Sarpy County Swim Club Masters	A		NT	2:13.95	40
	1) Phillips, Jessi W38	2) Krasser, Troy M51	3) Lewis, Hope W18	4) Kerekes, Kevin M53		

Event 18 Women 18-24 1650 Yard Freestyle

1	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	NT	27:53.50	20
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Event 18 Women 45-49 1650 Yard Freestyle

1	DelSenno, Kimberly	49	Omaha Masters Swim Club-NB	30:00.00	22:59.78	20
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Event 18 Women 50-54 1650 Yard Freestyle

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	23:00.00	23:01.48	20
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Event 18 Women 65-69 1650 Yard Freestyle

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	29:00.00	26:51.48	20
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Event 18 Women 70-74 1650 Yard Freestyle

1	Nutty, Sue	70	Omaha Masters Swim Club-NB	28:00.00	26:17.34	20
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Event 18 Men 18-24 1650 Yard Freestyle

1	Verwers, Nick	23	Movy Masters Swim Team-MV	NT	21:23.43	20
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Event 18 Men 25-29 1650 Yard Freestyle

1	Salber, Billy	27	Sarpy County Swim Club Masters-NB	20:00.00	22:25.65	20
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Event 18 Men 50-54 1650 Yard Freestyle

1	Garland, Doug	54	Common Ground Masters-NB	20:40.00	20:35.19	20
2	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	NT	22:33.20	17
3	Prescott, Tom	50	Southwest Iowa Masters-IA	25:44.00	26:31.20	16

Event 18 Men 60-64 1650 Yard Freestyle

1	Apker, John	64	Common Ground Masters-NB	22:10.10	21:35.58	20
2	Veach, Timothy	61	Lincoln Masters and Others-NB	24:56.00	25:20.51	17

Event 18 Men 65-69 1650 Yard Freestyle

1	Wells, Dave	65	Common Ground Masters-NB	NT	22:43.57	20
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Event 180 Women 18-24 500 Yard Freestyle

1	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	NT	8:10.45	20
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Event 180 Women 45-49 500 Yard Freestyle

1	DelSenno, Kimberly	49	Omaha Masters Swim Club-NB	NT	6:12.61	20
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2025 SCSC Breadbasket Zone Championship - 3/2/2025**Results****Event 180 Women 50-54 500 Yard Freestyle**

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	NT	6:06.45	20
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Event 180 Women 65-69 500 Yard Freestyle

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	NT	7:59.22	20
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Event 180 Women 70-74 500 Yard Freestyle

1	Nutty, Sue	70	Omaha Masters Swim Club-NB	NT	7:54.33	20
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Event 180 Men 18-24 500 Yard Freestyle

1	Verwers, Nick	23	Movy Masters Swim Team-MV	NT	6:16.97	20
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Event 180 Men 25-29 500 Yard Freestyle

1	Salber, Billy	27	Sarpy County Swim Club Masters-NB	NT	6:35.33	20
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Event 180 Men 50-54 500 Yard Freestyle

1	Garland, Doug	54	Common Ground Masters-NB	NT	5:48.28	17
2	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	NT	6:38.37	20
3	Prescott, Tom	50	Southwest Iowa Masters-IA	NT	7:37.75	16

Event 180 Men 60-64 500 Yard Freestyle

1	Apker, John	64	Common Ground Masters-NB	NT	6:26.87	20
2	Veach, Timothy	61	Lincoln Masters and Others-NB	NT	7:46.50	17

Event 180 Men 65-69 500 Yard Freestyle

1	Wells, Dave	65	Common Ground Masters-NB	NT	6:54.27	20
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Event 181 Women 18-24 1000 Yard Freestyle

1	Jangulo, Sallay	21	Sarpy County Swim Club Masters-NB	NT	16:35.02	20
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Event 181 Women 45-49 1000 Yard Freestyle

1	DelSenno, Kimberly	49	Omaha Masters Swim Club-NB	NT	13:16.68	20
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Event 181 Women 50-54 1000 Yard Freestyle

1	Mantonya, Becky	52	Lincoln Masters and Others-NB	NT	13:08.79	20
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Event 181 Women 65-69 1000 Yard Freestyle

1	Barkley, Sherry	67	South Dakota Prairie Masters-SD	NT	16:12.76	20
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Event 181 Women 70-74 1000 Yard Freestyle

1	Nutty, Sue	70	Omaha Masters Swim Club-NB	NT	15:53.73	20
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Event 181 Men 18-24 1000 Yard Freestyle

1	Verwers, Nick	23	Movy Masters Swim Team-MV	NT	12:52.20	20
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Event 181 Men 25-29 1000 Yard Freestyle

1	Salber, Billy	27	Sarpy County Swim Club Masters-NB	NT	13:29.72	20
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Event 181 Men 50-54 1000 Yard Freestyle

1	Garland, Doug	54	Common Ground Masters-NB	NT	12:24.54	20
2	Kerekes, Kevin	53	Sarpy County Swim Club Masters-NB	NT	13:38.87	17
3	Prescott, Tom	50	Southwest Iowa Masters-IA	NT	15:50.73	16

Event 181 Men 60-64 1000 Yard Freestyle

1	Apker, John	64	Common Ground Masters-NB	NT	13:03.34	20
2	Veach, Timothy	61	Lincoln Masters and Others-NB	NT	15:30.90	17

Event 181 Men 65-69 1000 Yard Freestyle

1	Wells, Dave	65	Common Ground Masters-NB	NT	13:55.83	20
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