Fremont Masters December Splash Dillon Family Aquatics Center. Fremont, NE Sunday December 12th, 2021

Location: Fremont Family YMCA. Fremont, Nebraska. 1558 E. Military St. 68025

Register: See attached mail in form. Make sure you enter your athlete information accurately (especially birthdate). On the form, fill in the blanks with desired event and accurate entry time per event. (Example: Event 6 Women's 50 Free – 38.90). Enter "NT" if you do not have a time. You may mail in your entries and payment beforehand. <u>Payment will be accepted the day of the meet</u>.

Facility: Dillon Family Aquatics Center in Fremont, Nebraska. Pool is a total of 12 lanes SCY x 6 lanes LCM. The meet will be swum SCY, 8 lanes will be used for competition. Colorado Timing System with automated touch pads at the start end only, electronic button timers for back up. Lane Zero and lane eleven on the outside of the pool will be open for warm up/cool down.

Time: Check-in begins at 9am. Deck entries close firmly at 9:30am. First warm-up is 9:30am – 10:20am. Meet Starts at 10:30am.

Eligibility: US Masters Recognized meet. Do not need to be a registered Masters swimmer to participate. Must be registered Masters for times to qualify for Masters State/National Records.

Rules: The current USMS rules will govern the conduct of the meet. Heats will be seeded, slowest to fastest. <u>Please enter a goal time for accurate seeding</u>. Entries with no times will be seeded in the slowest heats. Results will be broken out by age group and gender (i.e. Men/Women, 19-24, 25-29, 3034, 35-39 etc.).

NOTE: Your age for this meet is your age on 12/12/2021.

Awards: Ribbons for places 1-6th. Results will be split into these age groups by Male and Female : (1824), (25-29), (30-34), (35-39), (40-44), (45-49), (50-54), (55-59), (60-64), (65-69), (70-74), (75-79), (8084), (85-89).

Entry Fees: \$30 Early Entry fee. You can swim up to a Maximum of 6 events total, relays included. Deck entries for up to 6 events the day of the meet = \$40. <u>Please pay with Cash or Check ONLY, no card.</u>

Deadline: <u>Register by e-mail to davids@fremontfamilyymca.org</u> by midnight Monday December 6th, 2021 for the early entry fee. Late and deck entries will be accepted at the meet by 9:30am at the \$60 rate. Payment due when you walk into the meet.

Meet Directors: Miranda Long. <u>mirandal@fremontfamilyymca.org</u>, David Struble. <u>davids@fremontfamilyymca.org</u> **Limits:** Swimmers may swim up to maximum <u>six events</u> including relays. Please be aware that this meet will run fast. If you enter back-to-back events, your rest time will be very short (or nonexistent).

ORDER OF EVENTS – 10 Minute Breaks will be installed throughout the meet.

Event 1= 200 Medley Relay – Mixed	Event 22 = Womens 200 IM
Event 2= Womens 200 Free	Event 23= Mens 200 IM
Event 3= Mens 200 Free	Event 24= Womens 100 Free
Event 4= Womens 100 IM	Event 25= Mens 100 Free
Event 5= Mens 100 IM	Event 26= Womens 100 Backstroke
Event 6= Womens 50 Free	Event 27= Mens 100 Backstroke
Event 7= Mens 50 Free	Event 28= Womens 100 Breaststroke
(Break)	Event 29= Mens 100 Breaststroke
Event 8 = Womens 50 Fly	Event 30= Womens 100 Butterfly
Event 9= Mens 50 Fly	Event 31= Mens 100 Butterfly
Event 10= Womens 50 Back	Event 32= Mixed 200 Free Relay
Event 11= Mens 50 Back	(10 Minute Break)
Event 12= Womens 50 Breast	Event 33 = Mixed 1,000 Free
Event 13= Mens 50 Breast	
(Break)	
Event 14= Womens 200 Backstroke	
Event 15= Mens 200 Backstroke	
Event 16= Womens 200 Breaststroke	
Event 17= Mens 200 Breaststroke	
Event 18= Womens 200 Butterfly	
Event 19= Mens 200 Butterfly	
Event 20= Womens 500 Free	

Event 21= Mens 500 Free

Fremont Masters December Splash

EARLY REGISTRATION AND PAYMENT

Dillon Family Aquatics Center. Fremont, NE

Sunday December 12th, 2021

\$30 fee for up to 6 events (including relays)

Name:			
Age:	DOB:		
Email:			Emergency
Contact:	P	hone:	
Are you a USN	vlS member?	If yes, provide USM	S number and Club
Event #	Description	Time	
1			
2			
-			
4			
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6.			

Please make check made payable to Fremont Family YMCA Mail checks to: Fremont Family YMCA Dillon Family Aquatic Center 806 N Lincoln Ave. Fremont, NE 68025. ATTN: David Struble

WAIVER: In consideration of your acceptance of my entry, I hereby from myself, my heirs and executors, waive and release any and all rights and claims for damages against the Fremont Family YMCA, all sponsors, meet officials, volunteers and workers from any injuries suffered by participant listed above in connection with the event. I further certify that the above parties are in good enough physical condition to participate in the event. Signature Date