

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated October 2025

40-44 Men

Freestyle

50	Keefe Lodwig	:25.66	1983
100	Keefe Lodwig	:57.66	1983
200	Keefe Lodwig	2:12.62	1983
400	Benson Meredith	4:56.50	2012
800	Chuck Simon	10:28.53	2012
1500	Benson Meredith	18:56.98	2012

Backstroke

50	Paul Watson	:28.91	2012
100	Paul Watson	1:03.36	2012
200	Paul Watson	2:20.62	2012

Breaststroke

50	Rich Nolte	:33.07	2013
100	David Kohll	1:15.06	2007
200	Pat Dibiase	2:45.74	1997

Butterfly

50	Keefe Lodwig	:27.56	1983
100	Eric Williams	1:13.23	2025
200	Chuck Simon	3:06.31	2012

Individual Medley

200	Juan Picon	2:48.37	2012
400	Brady Murphy	5:59.58	2012